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Dermatology & Cosmetic Skin Care

## Facial Fillers

### Post Procedure Instructions

1. You may notice slight swelling or redness at the injection sites. This can be reduced by using cold compresses. There may be bruising present for up to a week.
2. Avoid flexing or massaging your facial muscles in the injection area for 48 hours. This can disturb the injection.
3. Avoid alcohol consumption, excessive sun and heat exposure, and strenuous exercise for 48 hours. Keep the area clean and dry.
4. You may take Tylenol (acetaminophen) to help with any pain. **Avoid Aspirin, Advil, Ibuprofen, Motrin, and all NSAIDs for 3 days after the procedure to minimize bruising.**
5. Please let us know if you have a history of cold sores. You may need medication after your filler procedure.
6. If you think you need more filler, call the office to schedule a second treatment 724-935-9133.