



Debra Tanner Abell, MD  
Dermatology & Cosmetic Skin Care

## Post-Surgery Instructions

- You may take Tylenol (acetaminophen) and apply an ice pack to prevent and treat swelling and discomfort if needed.
- Your activity may be restricted depending on the area of surgery.
- **Keep the bandage dry for 24 hours.** The bandage can then be removed and the area can be cleansed with mild soap and water. Avoid soaking the wound in water such as a swimming pool or hot tub.
- If the wound starts to bleed, apply pressure to the area for 20 minutes and elevate the area if it is a limb.
- Change the bandages every day. Each time the bandage is removed, apply a healing cream or ointment such as Avene Cicalfate, Vaseline, or Aquaphor. We **DO NOT** recommend Neosporin due to the risk of allergic reaction.
- You may be given an antibiotic to take following the procedure.
- Suture removal will be in 7-14 days.

If bleeding does not stop or any sign of infection occurs contact the office at 724-935-9133.

After suture removal, you may use a scar cream or gel such as Serica. We also offer cosmetic Laser (Vbeam) treatment in office to reduce the appearance of scars.