



## **Facial Fillers**

### **Pre-Treatment Instructions**

When scheduling filler, keep in mind that there may be some swelling and bruising so plan accordingly.

**STOP APIRIN AND ALL BLOOD THINNERS 5 DAYS PRIOR TO PROCEDURE!**

**Ask your doctor if you can stop them safely.**

These medications should also be discontinued 5 days prior to surgery:

Aspirin	St. John's Wart	Feverfew	Ginseng
Advil/Ibuprofen	Vitamin E	Fish Oil	Red Clover
Motrin	Don Quai	Garlic	Gingko
Aleve/Naproxen	Licorice	Willow	Other NSAIDS

**DO NOT drink alcohol 24 hours before or after procedure.**

On the day of your procedure, do not apply anything to the treatment area such as makeup or topical creams and ointments.