



Debra Tanner Abell, MD
Dermatology & Cosmetic Skin Care

Cryosurgery (Liquid Nitrogen) Post Procedure **Instructions**

1. Areas treated with liquid nitrogen will be red for a few days following treatment and may swell or blister. The treated areas will then scab or become crusted before falling off.
2. Wash the area gently with mild soap and water. To ensure proper healing, **DO NOT** scrub or pick at the treated sites.
3. Use a healing cream or ointment such as Avene Cicalfate, Aquaphor, or Vaseline twice daily. We **DO NOT** recommend Neosporin due to the risk of allergic reaction.
4. Protect the area(s) treated from sun exposure to prevent the area from darkening and apply a sunscreen of at least SPF 45 on the area daily for 4 weeks.
5. For wart treatment, if prescribed, apply Aldara or imiquimod cream to warts 5 times a week or as directed. Warts can be covered with a bandage after applying the cream.
6. Contact the office at 724-935-9133 if any signs of infection develop.