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Botox/Disport Post Procedure Instructions

Congratulations! You have just undergone one of the **most common** and **successful non-surgical methods** of reducing unwanted fine lines and wrinkles. You will be pleasantly surprised at the subtle, yet noticeable improvement in your appearance. You will look well rested and rejuvenated!

Please follow the instructions in order to optimize your results:

1. **DO NOT** manipulate the treated areas. Massaging the area will increase the likelihood of the injectable migrating into other areas.
2. Repetitive and intermittent contraction of the treated area for 4 to 6 weeks following the procedure can improve results.
3. There is a possibility of minor swelling and bruising in the injection sites, especially if you take aspirin or aspirin containing medications. This will resolve in a few days. Some patients may experience a headache following the procedure. We recommend using Tylenol, a cool compress, and dim lighting.
4. Results are generally seen within **3 to 5 days** following the procedure. You will not necessarily feel a difference, but you will see a decrease in fine lines and wrinkles in the area treated.
5. Results vary for each patient, but injections can last up to **4 to 6 months**.
6. Contact the office at 724-935-9133 with any concerns following the procedure.