



VBeam Post Procedure Instructions

1. Apply an ointment such as Avene Cicalfate Post Procedure, Aquaphor, or Vaseline to the treated area several times a day as long as bruising, scabbing, or discoloration is present. If this is not present, use a moisturizer on the area daily to help with the healing process.
2. Any discomfort you may have should subside in a few hours and may be treated with Tylenol (acetaminophen).
3. **DO NOT** rub, scratch, or pick the area that was treated if bruising or red discoloration is present.
4. **Remember, the area will look worse before it looks better.**
5. Showers are permitted, but gently pat the area dry. **DO NOT** rub with towel or washcloth. If legs are treated, avoiding taking a bath for 48 hours. Intense heat may cause additional discomfort in the area(s) treated.
6. Avoid swimming, hot tubs, and contact sports until redness or irritation subsides.
7. Avoid tight clothing to prevent rubbing and pressure if the area treated is on a non-exposed part of the body.
8. Wear sunscreen and avoid exposure to the sun to prevent pigmentation changes until the area is healed.
9. After the red discoloration disappears, hyperpigmentation (brown spots) or hypopigmentation (white spots) may be present for up to 3 to 5 months. These are rare but if they occur, use an SPF 30 or higher on the area until normal pigmentation occurs.
10. Please contact the office with any concerns at 724-935-9133.